



Contemporary Athletic Issues
Tasks and Assignments
3/27-3/31

Instructions: For the week of 3/27-3/31 you will be asked to complete THREE challenges. You will have the opportunity to work on these challenges in class, but in order to complete them you will need to continue your progress for HW throughout the week. The purpose of these tasks are to explore the professions of coaching, training and broadcasting. Although, initially these professions do not seem related you will find the skill set and philosophies are very similar. You may complete these challenges in whatever order you like, but all three challenges must be complete by Tuesday 4/4.

Philosophy

Challenge I:

For this challenge we will just be focusing on the profession of coaching. Coaching philosophy is a unique concept because there is not a “right” philosophy that is universally accepted as the correct way to approach coaching. However, every coaching philosophy addresses these three categories: (1) what are your desired outcomes or goals as a coach (not goals for the team but for you as a coach) (2) the role of the coaching (are you a mentor, a disciplinary, a parent) (3) keeping your goals and role in mind how do you plan on achieving success (what characteristics and practices will you emphasize to achieve your goals).

Your task for Challenge I is to develop a coaching philosophy tailored to coaching the team depicted in Undefeated. Keep in mind your philosophy must align with the THREE categories described above. Use the questions below to help guide your description of your coaching philosophy.

- What are your desired outcomes/goals?
- How do you define success?
- How does failure play a role in coaching?
- What role(s) are you playing as a coach of this team?
- How do you balance your roles?
- What characteristics or practices will you emphasize in order to achieve your goals?
- Where do you draw the line with concern to taking things too far as a coach?
- How do you address discipline?
- Are all players equal? Should all players be treated equally?
- How will you assess your coaching?



Skills

Challenge II:

In the first challenge you were tasked with looking at coaching philosophy; switching gears, for this challenge you will be focusing on the skills needed to be a coach, trainer or broadcaster. In particular we will be focusing on the skills of observing and analyzing. Both of these skills are a staple of being a good coach, trainer and broadcaster. Your first task in this challenge is to find a sporting event you are interested in watching. This sporting event can be for just about any sport but I recommend it is a team sport and one you are familiar with. You can choose to watch this sporting event on TV or live (remember you must watch this event and complete this assignment by Tuesday 4/4). You will be tasked with observing and analyzing this sporting event by filling out the following document (make a copy).

[Challenge II: Game Observation and Analysis](#)

Challenge III:

Focusing again on the skill sets of these professions you will be asked to practice the skill of communication in Challenge III. In this challenge you will be asked to develop a demonstrative speech. In other words, you will be preparing for and giving a presentation on how to do something. This type of speech is sometimes called a “how to” speech and will require you to communicate and teach the audience how to properly do an activity, task, or procedure. You first need to think of what you would like to give your speech on and then post your idea to following form. Once your topic is confirmed (highlighted in GREEN) you may start preparing for your speech by completing the outline below (you can make a copy). **EVERYONE NEEDS TO BE READY TO PRESENT ON TUESDAY!**

Step #1: [Demonstrative Speech: Proposal Form](#)

Step #2: [Check for Approval of Topic \(Green= approved; Red= submit new topic\)](#)

Step #3: [Demonstrative Speech: Outline Template](#)